

A photograph of a sunflower field under a bright sky with lens flare. The sunflowers are in the foreground, and the background is a vast field of similar flowers.

Complete Care Ltd
Every life, every moment, every day

COMPLETE CARE LIMITED

SERVICE USER GUIDE

November 2022



WELCOME TO COMPLETE CARE

Over the years Complete Care has provided a high-quality homecare service which enables elderly and disabled people to live independently and safely in their own home within the community.

Complete Care have been commended by the Department of Health and Social Care for its contribution to the elderly and disabled within the community.

Our success and excellent reputation is based on an amazing fully trained team who work together to make a positive difference to a variety of people who require help, support and care.

This guide has been prepared to provide information that you and your relatives will hopefully find useful when you choose to have care and support at home.

If you have any other matters relating to our services that you would like to discuss, please do not hesitate to contact me or our team as we are only too happy to assist.

Steve Parry

Director – Complete Care Limited

INTRODUCTION TO COMPLETE CARE

We are pleased that you have chosen Complete Care to support and help provide the best care possible for you. We strive to provide the level of care and support you need to ensure that, as far as is possible, you maintain your independence and individuality.

Your right to freedom of choice, privacy and personal dignity will be respected at all times by each of our carers.

As you begin your provision of care service there may be questions that you, or your relatives and friends, would like to discuss. Our staff will ensure that any queries you have are answered as quickly and fully as possible. The information given below should provide you with the answers to some of the most frequently asked questions.

ABOUT US

Our Office Hours are: 9am-3pm, Monday to Friday. For enquiries after this time please contact Steve Parry on 07624 308459.

Our offices are based in Onchan at 21b Village Walk, Onchan, IM3 4EB. The telephone number is 01624 674119.

We are an independent, family-owned company formed in 2007 to provide high-quality homecare services which enables vulnerable elderly and disabled people, to live independently and safely in their own home within the community.

We provide personal care, social care and practical care in people's homes and help them to stay as independent as possible. Our services are designed mainly for people who are physically frail, housebound or who just need companionship. We provide care services to people who choose and pay for their own care (private clients), and to people referred to us direct by the Department of Health and Social Care. Please note that Complete Care do not provide nursing care and your carer will be able to assist with only none nursing needs. Please refer to the list of services we do provide.

OUR PHILOSOPHY OF CARE

Complete Care believe it is the main priority to provide a range of care services to a wide variety of people who need our professional help, support and care. Our business was established to help people to continue to live at home and keep their independence and dignity for as long as is possible. When everyday living becomes a challenge, Complete Care make living at home easier.

We at Complete Care believe that by developing an atmosphere of bespoke individual care and attention for our service users, we will contribute to their well-being and comfort so that they are able to enjoy life to their fullest potential. We strive to enable a positive contribution to society, to improve the health and wellbeing of individuals and wider groups. We promote choice and control for individuals and help to develop life skills required to integrate and live to the full within society. We facilitate personal dignity, privacy and respect and empower people to gain, regain and maintain independence. We work in partnership with Service Users or those acting on their behalf and allied professionals.

EXAMPLES OF CARE SERVICES WE PROVIDE

End-of-Life Care

Our approach to End-of-Life Care (also known as palliative care) enables us to support people with their progressive incurable illness to live as well as possible until they pass. We support the needs of you and your family and work very closely with other professionals to manage your care needs in your own home, focusing on your physical, psychological and spiritual comfort. We empathise with the concept of where a person dies in a place of their own choosing, with their loved ones, friends and carers around them. We continuously emphasise respect and dignity in these circumstances, ensuring that preferences and choices are acted upon as part of a person-centred approach to care.

Continuing and Complex Care

Our staff are able to deliver specialist care services in support of a wide range of specific, complicated needs. Specialist services may include full medication management, using hoists, assessing equipment needs, moving and handling manoeuvres, assisting with mobility, falls prevention practice, and using continence equipment. All of our staff are trained to identify activities that maintain independence at home of the person with different forms of Dementia. This understanding of the signs and symptoms of dementia, and the effect that these have on the person with dementia and their carers, allows the increasing complexity of the condition to be managed at home.

Home-from-Hospital and Rapid Response

Your carer can help and assist you when you come out of hospital or if you are recovering from an illness. We will work with you to regain your strength and independence by providing advice, guidance, information, and hands-off support rather than doing things for you where possible. This process is sometimes known as reablement. We have developed a rapid but thorough assessment process to aid your return from hospital back home, ensuring that you are safe and that your well-being is our priority.

Pop-in Visits

If you are maintaining your independence but just need some occasional help, advice or guidance, your carer can visit you for an hour during the day, at a time that suits you, to check that you are feeling fine and that you have everything you need, including your medicine. Our medication management programme ensures that you have your medicines at the time when you need them, and in a safe way.

We ensure that information about the medication being prescribed to you is made available to you or others acting on your behalf. Our staff are trained and supervised in the safe administration of medication.

Services we are not able to provide

We have explained what we can do. There are also things that we cannot do.

Our carers will not carry out tasks that need the skills and expertise of clinical professionals.

These tasks include but are not limited to:

- cutting your toenails;
- syringing your ears;
- removing or replacing catheters;
- all injections;
- changing or filling oxygen cylinders;
- lifting you from the floor on their own;
- tracheostomy care – such as changing tubes or oral suction (using a tube to remove mucus from your throat);
- changing dressings;
- giving you medication in your rectum or vagina;
- filling medication dosset boxes for medication.

Live in Care

Live-In Care is the realistic alternative to residential care. When you require companionship or personal care in the comfort of your own home and at various times throughout the day, then Live-In Care may be the solution for you. Live-In Care provides the utmost flexibility and although we will agree a Care Plan with you to identify key daily and weekly tasks, no two days need be the same and you may choose with your carer how each day is approached. The carer will normally be available between 7.30 am and 10.00 pm at night and we will agree with you when breaks and rest periods will normally be taken through the day. If assistance is needed on occasion in the night, then this can also be accommodated but where regular assistance in the night is needed, this will need to be taken into account in organising the daytime rota and rest periods. Your Live-In carer will need their own room to allow them to rest during their own time off when they are not out.

INTRODUCTION TO THE CARE TEAM

Complete Care is owned by Steve and Julie Parry.

STEVE PARRY – COMPANY DIRECTOR

Steve founded Complete Care in 2007 and continues to be involved in the strategic and operational side of the business. Steve has 17 years' experience in business management, having previously worked for a blue chip multi-national bank. During this time Steve worked to develop his management and business skills and continued professional development. However, through personal involvement and experience Steve decided

that he wished to apply these skills, knowledge and experience to establish a company in the care industry.

MARIE CRABTREE – REGISTERED CARE MANAGER

Marie joined the company in August 2012 initially doing hands on care work for clients with Dementia. She used her previous 18 years administration experience to help establish the office in Onchan. Over the past years, Marie has worked in all areas of the business increasing her knowledge and understanding of Health & Social Care regulations and legislation within domiciliary care. This has led to the success of becoming a Registered Care Manager in June 2020 after completing her QCF Level 5 in Leadership for Health and Social Care Services in December 2017. Marie has successfully completed other numerous training courses such as Dementia, Suicide Intervention & Level 2 in Safe Handling of Medicines as well as other mandatory courses. Daily, Marie is responsible for the overall day to day running of the office and management of all care and administration staff. Marie is also involved in assessing clients and executing packages of care in place to ensure their needs are met and ensuring Government Minimum Standards are adhered too.

SARAH KAIGHEN – DUPUTY CARE MANAGER

Sarah joined the company in December 2016 as a member of the care team. During her time with the Company Sarah was promoted to Care Co- Ordinator and is currently the duly appointed Deputy Care Manager. Sarah works in conjunction with Registered Care Manager Marie Crabtree to ensure the smooth day to day running of the office, client assessments, preparation of client care packages, staff management and managerial administration.

DONNA RICHARDSON – CARE CO-ORDINATOR

Donna joined Complete Care in 2019 as a valued member of the care staff team. Her experience as a carer has given her insight knowledge to successfully be appointed as Care Co-Ordinator to the Company. Donna is responsible for co-ordinating rotas whilst also providing administration support to the office team.

YVONNE WILKINSON – CARE CO-ORDINATOR

Yvonne joined the team as Care Coordinator in 2022 bringing with her 22 years of experience and knowledge in Care Management. Holding a Level 5 Diploma in Leadership and Management in Health and Social Care and a Degree in Business Administration, she is able to utilise her skills in numerous aspects of the business.

CARERS

Our carers perform the tasks relating to your care. They are there to help and support you with any of the difficulties of daily life that you are currently finding hard to manage on your own. Our carers are trained to be understanding and sensitive to your emotional and physical needs. One carer will become your main carer so that you always have one person with whom you become more familiar. We confirm that all our staff are encouraged to continue with Life- Long Learning and to undertake such training to ensure they are competent to meet the needs of our service users.

Below is a summary of some of the qualifications held by our team of Care Staff

<p>NVQ/RQF Level 2 Health and Social Care NVQ/RQF Level 3 Health and Social Care Level 1 and 2 Dementia Awareness Chair Based Exercise Instructor Level 2 Safe Administration of Medication</p>

OUR REGISTRATION

Complete Care is registered with the IOM Inspection and Registration as a Domiciliary Care Agency.

STARTING SERVICES

People are referred to us in various ways including; referral from Social Workers, Social Services and other government bodies. We also have enquiries through advertising in social media and recommendations from current or previous clients and their families.

Our member of our senior management will assess all service users prior to the provision of services where possible. Once this assessment has taken place and all parties agree that the service can meet your assessed needs, a start date will be arranged. An initial individual Care Plan will also be agreed prior to the start of services and this will be reviewed, and amended during the first weeks as needs, and preferences, become known. We will aim to review Individual Care Plans every six months which is above requirements for Minimum Standards or sooner if required.

Service users are offered the opportunity to experience services on a trial basis in order to assess the suitability before they, or their representative, make a decision to sign their contract.

A contract will be given to you to read and sign with a copy for you to retain. In the case of an emergency admission or other unusual circumstances the assessment and draft Care Plan will take place within 48 hours of start of services.

Service Users must ensure their household insurance is adequate and complies with their legal responsibilities. The Organisation, by law, holds a Public and Employers Liability Insurance, which covers malpractice.

We reserve the right to review or withdraw the service immediately if any member of Complete Care staff is treated in an abusive or disrespectful manner or we feel the environment they work in is a risk to health.

SERVICE USERS FINANCES

Staff may need to handle money on your behalf, and the company operates a strict policy which staff are bound to follow. Details of this policy are available on request. Prior to your service, day to day cash handling will be discussed with you and safe systems of recording will be implemented if required. In these instances, staff will be issued with a

record book in which they record all transactions made on your behalf. They will ask you to sign this every time they buy something on your behalf and retain the receipts.

HEALTH AND WELLBEING - WORKING IN UNISON WITH HEALTH CARE PROFESSIONALS

As well as our experienced staff members who will look after you, additional support is provided, when required, by a number of other healthcare professionals from a variety of disciplines to ensure that you are provided with comprehensive care. Examples may include Doctor, Specialist Nurses, Physiotherapists, and Occupational Therapists. This helps to ensure you are provided with comprehensive care.

The subject of death is a very sensitive issue and one that is therefore often avoided. However, we know from experience that addressing the issue can bring great peace of mind to older people. You will therefore be given the opportunity to discuss these matters if you so wish.

HOSPITAL VISITS

If you need to attend hospital for any reason, arrangements can be made with your family or friends for them to accompany you there safely. If this is not possible, and the appointment is a pre-planned appointment, there will be an additional charge for a staff member to accompany you. Naturally, in an emergency, we shall ensure that a staff member is made available without any cost.

Should you require to spend time in hospital, service will normally be reserved for you. Depending on the length of time you may have to spend in hospital may have to consider reallocating your carer. This would always be fully discussed prior to action being taken.

If you, or your relatives, are concerned in any way about this, please discuss this matter with our Senior Management staff.

MEDICATION

Where care staff are to administer medication, all medication should be supplied in a Monitored Dose System from the pharmacy of your choice where possible. Your medication will be managed by a trained responsible staff member who will look after your medicines and be responsible for ensuring the safe and timely administration of your medication.

However, you may wish to take care of your own medication and retain responsibility for taking it yourself.

ONSET OF ILLNESS

Whilst carrying out the pre-service assessment we will gain your consent to ask for a medical consultation should it become necessary. We will also ask for your consent to inform your relatives if you have been taken ill or sustained an accident and that they be informed of your progress during the course of your illness. However, should we consider it necessary Complete Care will make informed reasonable judgements and refer you for

medical consultation if we believe we are acting in your best interest in the case of an emergency.

GENERAL

We will encourage you to let us know your views on the various aspects of your service. We consider that what you feel, and think are important and to ensure that your views and opinions are known, and taken into account, we hold regular reviews and audits of your Care Plan.

Both you and your relatives can put forward ideas and suggestions for improvement in the services that we provide, and these will always be given due consideration, and where possible implemented. However, as you will appreciate, it may not always be possible to respond positively to your suggestions, in which case we will let you know why not.

From time to time we will actively seek your views on how we are providing for your needs. We will issue to you a 'Quality Assurance Questionnaire' and ask you, or a relative, to complete and return it to us.

PERSONAL CARE

Your personal care and health care is planned in consultation with you, our staff members who will look after you, and your relatives, if appropriate. Other appropriate health care professionals are also involved in the planning of your health care where necessary.

To ensure that we provide the highest level of care possible for you, our staff will record the details of your care in your Care Plan along with details of your personal choices regarding the normal activities of daily living.

All service users are actively encouraged to become involved in the care planning process and will be consulted at each stage of the Care Plan. A copy of the Care Plan will be made available to you and with your consent, your family or friends. We will ask for your agreement for signature when a change or a review takes place.

Our aim is to incorporate spiritual needs into each plan of care so that needs can be anticipated and met at the end of lives. Should the need arise we will provide a palliative pathway that provides acceptable care from the home supported by specialist individuals. Supporting this end of life care we work in partnership with The Hospice, Isle of Man.

PERSONAL PREFERENCES

At any time, you can discuss with your care staff any personal preferences that you may have relating to your care, the gender of the person providing that care, diet, or social activities. Of course, as time passes you may decide that your preferences have altered. In this case, it is only necessary for you to let your carer know what your new preferences are. Details of your personal preferences will be recorded in your Care Plan, which is reviewed and updated on a regular and frequent basis.

PETS

We would be pleased to discuss your particular needs in this regard.

RECREATIONAL ACTIVITIES

We consider it very important for our service users to have available a range of suitable recreational activities from which to choose. We will encourage and help you to find activities in which you would like to participate.

Alternatively, you may prefer to pursue your own particular hobbies and interests and we will assist you with these in any way we can.

We acknowledge that your views are important, and we always listen very carefully to your ideas and suggestions for new activities.

RELIGIOUS SERVICES

Your particular religious beliefs and practices will be respected. If you are no longer able to go to your normal place of worship, we may be able to arrange for your minister or priest to visit you privately.

RISING AND RETIRING TIMES

While we will always encourage you to be up and about during the day and to be in bed at a reasonable time at night, when you rise in the morning and when you go to bed is your own choice. If you prefer rising early or late, we will try to accommodate your wishes. However, we also have to keep in mind the needs of other service users. Therefore, the times of your calls will be agreed prior to service commencing.

SAFE ACCESS TO YOUR HOME

If you are unable to admit staff to your home, arrangements will be put in place for their safe access. This may be by the installation of a key safe, or by staff holding a key to your home. If staff are required to hold a key, you will be asked to sign a consent form enabling them to do so. The company strongly recommends that a key safe is used. These are the most popular and safe means of allowing others entry into your home. Please speak to the Care Coordinator to discuss your requirements. In either case all costs involved in the purchase and installation of a key safe or key cutting will be at your own expense.

FIRE, HEALTH AND SAFETY

All staff have training in Fire Awareness. If your house is considered a Health and Safety risk changes may be needed before the contract begins. We would strongly recommend that you arrange for smoke alarms to be fitted in your home prior to your service start date, a risk assessment will be carried out of your home and emergency exits identified. You may be asked to remove rugs and other trip slip hazards before your service starts in order to avoid accidents.

TELEPHONE

It is important to keep in touch with relatives and friends and staff will be able to assist you with this. However, it is not permissible for staff to give use of their own phone for

this. It is not possible for you to have their private phone number. If you need to ask for extra help or have concerns or worries please call the office. The telephone number is 674119. For emergencies outside of office hours after 3pm please call Steve Parry on 07624 308459.

LEAVING OUR SERVICE

Should the time come when you no longer wish to accept services from Complete Care, this will of course be respected and the necessary arrangements will be made with your GP and the Local Authority, if involved, to end your services with us. We require four weeks in writing of your intention to leave the service.

Similarly, if the situation should ever develop where it would be necessary for us to cancel the service for any reason, we would do so by written notice as confirmed in our terms and conditions. This would naturally follow a period of consultation and attempts to prevent this taking place.

There is an expectation that all outstanding fees will be paid prior to departure.

QUALITY ASSURANCE

At Complete Care we ensure quality assurance by having the following in place:

- Regular direct observations of each carer providing care in the client's home. The Management Team carry these out once every year as a minimum.
- All carers must keep up-to-date with their mandatory training which can take place via practical workshops and e-learning. Additional training opportunities are encouraged in order to develop our carers knowledge and practice.
- Staff supervisions take place quarterly or sooner if required.
- Staff meetings take place quarterly or sooner if required.
- The Management Team carry out quality visits – this means that they arrange an appropriate time with the client to visit and ensure that they are happy with the service that they are receiving.
- Care Plans and risk assessments are reviewed approximately every 6 months, or sooner if required.
- Written carers records are to be kept in the client's home for a minimum of one month, or until the service is concluded, after which time they are transferred to the office for checking and safekeeping. Our service is registered and inspected by:

Registration and Inspection Unit
Department of Health & Social Care
First Floor, Belgravia House
Circular Road
Douglas
IM1 1AE
Tel 01624 642422

STATEMENT OF PURPOSE SUMMARY

Our objective is to enhance the quality of life and relieve the stresses experienced by those who have care needs as a result of age, illness or disability.

To meet the requirements of the Isle of Man Regulation of Care Act 2013 it is necessary to prepare a comprehensive 'Statement of Purpose', which covers in detail all aspects of the operation of the care services that will be provided.

A copy of the 'Statement of Purpose' is available on request for inspection by the service user and any representative of the service user.

It is also a requirement that a summary of the 'Statement of Purpose' for the care service is provided to service users.

The details shown in this guide summarise extracts from Complete Care Statement of Purpose as it applies to Domiciliary Care Services. Also, given in the following Appendices are the relevant details of additional information that we are required to provide for reference by the service user.

DETAILS AND PAYMENT OF FEES

Details and Payment of Fees – Effective from 1st December, 2022

DAY DUTY: 8am – 7pm

Monday - Saturday £25.50 per hour

Sunday and Isle of Man Public Holidays £27.00 per hour

Christmas Day/Boxing Day/New Years Day £29.00 per hour

MILEAGE CHARGED AT 50p per mile

NIGHT DUTY: 7pm – 8am

Monday – Saturday £26.00 per hour

Sundays and IOM Public Holidays £28.00 per hour

Christmas Eve/Christmas Day/New Years Eve £29.00 per hour

MILEAGE CHARGED AT 50p per mile

Our mileage rates are competitive in comparison to some domiciliary care providers and we endeavour to provide you with a carer that lives as close to you as possible. This is to make it cost effective for you - you will be charged for the journey that your carer makes from home to you and then back home. If you require the carer to take you out in the car or pick up some shopping for you for example, you will be charged 50p per mile for this

also. Often, once a carer leaves your home, they may be going on to another client – in which case, you will only be charged for travel from the carer's home to your home because the next client will incur the travel cost from your home to theirs. Please do not hesitate to contact us on 674119 if you have any further queries regarding this matter.

**LIVE-IN CARE RATES NEGOTIABLE FOLLOWING FULL ASSESSMENT OF CARE NEEDS.
PRICES START FROM £1,600 PER WEEK**

You will appreciate that the level of fees may change in future and of course arrangements that, you will be advised in writing of any such changes to the financial details.

INSPECTION REPORTS

Inspection Reports are available online on the Government [Gov.im](https://www.gov.uk) website.

HOW TO MAKE A COMPLAINT

It is our objective to ensure that you are provided with a high level of care, comfort, and safety such that you should never feel the need to make a complaint.

However, should you, or a relative or friend, ever have cause to complain, we would urge you to speak to us about it immediately. Complaints are taken very seriously and will be thoroughly investigated. Complaints can be made orally or in writing (including electronically), to any member of staff, including the Registered Manager and Company Director. By email, to steve@completecare.im or either marie@completecare.im. By telephoning the office on 674119.

You will receive a letter to acknowledge your complaint has been received within 3 days and you will then be advised within 28 days of the action, if any, that has to be taken. However, we aim to deal with your complaint straight away. In the first instance, you should speak about the problem to your own carer who will do everything possible to resolve the problem. If you are not satisfied with the outcome, approach the Senior Administrator with your complaint. At this stage, a staff member will enter your complaint into the formal Complaints Register and record.

If you still feel that your complaint has not been dealt with to your satisfaction, then you should ask to speak to the Registered Manager, or you may contact the Managing Director.

You may at any stage register your complaint with the local office of the Registration & Inspection Unit who continually monitors the standards operated in the Domiciliary Care Service.

CONTACT NAME	ADDRESS	PHONE NUMBER
Managing Director: Steve Parry	Complete Care Ltd 21b Village Walk, Onchan, IM3 4EB	(01624) 674119 or (07624) 308459
Registered Care Manager: Marie Crabtree	Complete Care Ltd 21b Village Walk, Onchan, IM3 4EB	(01624) 674119 or (07624) 244448
Deputy Care Manager: Sarah Kaighen	Complete Care Ltd 21b Village Walk, Onchan, IM3 4EB	(01624) 674119 or (07624) 293043
Inspection and Registration Unit	Registration and Inspection Unit Department of Health & Social Care 1 st Floor, Belgravia House, Circular Road Douglas IM1 1AE	Tel 01624 642422
Adult Services Access Team (Referrals for Social Workers)	Adult Services Department of Health & Social Care 1 st Floor Crookall House Demesne Road Douglas Isle of Man IM1 3QA	Tel 01624 686179
Adult Safeguarding	Adult Safeguarding Team Manx Care 3 rd Floor Murray House Mount Havelock Douglas IM1 2SF	Tel 01624 685969